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COLOR YOUR WAY TO PEACE, CALM, AND TRANQUILITY (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Color Your Way to Peace, Calm, and Tranquility is a unique interactive coloring book that teaches you how to quiet your body and mind through self-awareness. It includes: -Nearly 60 original works of art to color. -Exercises designed to calm the body and mind. -A suggested music list. -Coloring pages that accommodate all skill levels, beginner through expert, and is appropriate for...

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- Authored by Jamie Goldring
- Released at 2017



Filesize: 9.46 MB

Reviews

I just began looking over this ebook. It really is written in straightforward words and phrases instead of hard to understand. You won't truly feel monotony at whenever you want of the time (that's what catalogues are for relating to should you request me).

-- **Harrison Mayert**

Here is the very best publication we have studied right up until now. It is amongst the most incredible publication we have read through. I am very easily could get a satisfaction of reading through a created publication.

-- **Tillman Hills**

Very helpful for all class of people. This is certainly for anyone who states there was not a really worth reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Mable Corkery**
