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# Turn Toward the Beautiful: Creativity as a Path of Liberation

### By Jack Kornfield

SOUNDS TRUE INC, United States, 2013. CD-Audio. Condition: New. Language: English . Brand New. The play of sunlight through leaves the songs of the wind the arc of a brush stroke on paper. To be awake, reflects Jack Kornfield, is to discover the beauty hidden in all things and to express that beauty ourselves. With Turn Toward the Beautiful, this lyrical writer and teacher inspires us to reclaim our childlike wonder, attuning ourselves to the beauty that often passes us by unnoticed. Then, through insightful verses and stories from many traditions, he invites each of us to nourish the artistic impulse in ourselves to choose to create as an essential expression of the spiritual life. In two compelling sessions, you will explore: Why beauty and awareness are inseparable, and how they enrich each otherRediscovering the world through our child s eyes Presence an essential component for awakening the artist s gifts of receptivity and wonderHow to use writing, drawing, music, dance, and more to bring insight to othersPractices to spark our own creative expressionWhat if the light that reveals the truth of our lives were waiting right here before us? For seasoned artists or novices of all spiritual traditions, Turn...



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