



Meals for Me and You

By Good Housekeeping Institute

Paperback. Book Condition: New. Not Signed; Good Housekeeping recipes tick all the boxes - They look great They taste delicious They're easy to make Now, learn how to be a clever cook with this amazing new cookery series. Each Good Housekeeping recipe - triple-tested for perfect results - is guaranteed to stand the test of your occasion, be it a meal to make in minutes or something special for the weekend. Packed with good old favourites, tasty new ideas, save money, time and effort tips, up-to-date nutritional breakdown including protein and fibre, and savvy advice throughout, it couldn't be easier to make tempting recipes for two - or just for you. Other titles in the Good Housekeeping series include Super Soups, Skinny Suppers, Wonderful One-Pots, Cupcake O'Clock, Takeaway Meals, Easy Peasy Meals, Al Fresco Eats, Let's Do Brunch, Cheap Eats, Gluten-free and Easy, Low Fat Low Cal, Salad Days, Posh Nosh, Party Food, Flash in the Pan, Roast It, Great Veg and Slow Stoppers Word count: 17,000. book.

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