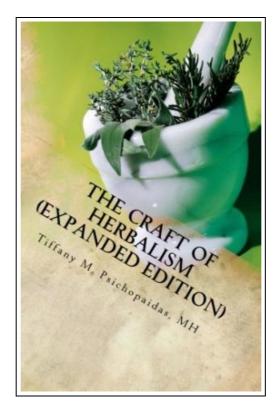
# The Craft of Herbalism Expanded Edition Medical Herbalism Volume 2



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### THE CRAFT OF HERBALISM EXPANDED EDITION MEDICAL HERBALISM VOLUME 2



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 302 pages. Dimensions: 8.5in. x 5.5in. x 0.8in.The second title in the series, Medical Herbalism, The Craft of Herbalism has been completely revised and expanded. Written to be used in conjunction with The Art of Herbalism (the first book in the series) or on its own, this comprehensive volume has already become a reliable, trusted reference for those seeking natural alternatives in healthcare. Esteemed herbalist Tiffany Psichopaidas begins by expertly guiding the reader through more than thirty specific beauty recipes in The Home Spa. Recipes include how to prepare bubble baths, shower gels, powders, deodorants, perfumes, skin cleansers, sugar scrubs, salt glows, and so much more! The benefits of each natural ingredient are carefully explained, and extensive lists of herbs and essential oils allow for the further creation of limitless signature formulations! A peek into The Family Medicine Cabinet reveals over one hundred all-natural herbal remedies and holistic therapies that have been carefully selected to address specific health issues of people of all ages. Beginning with The Childrens Shelf, a wide variety of wellness issues common in childhood are explored. More than thirty specific natural recipes are provided to effectively address the unique needs of babies and older children. The information provided on herbal medicine making will enable the custom-formulation of countless more medicinal preparations! The Grown-Ups Shelf offers natural, proveneffective solutions for more than fifty health concerns. Step-by-step instructions allow each remedy to be prepared with complete confidence! Youll learn to craft tinctures, glycerites, herbal oils, balms and salves, therapeutic creams, capsules and pills, syrups, cough drops, and so much more! The Craft of Herbalism has proven to be an indispensable asset for everyone who desires to take charge of their health and well-being using all-...

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