



## The First Rule of Ten

By PH D Gay Hendricks

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Don't ignore intuitive tickles lest they reappear as sledgehammers. That's the first rule of Ten. Tenzing Norbu (Ten for short)--ex-monk and soon-to-be ex-cop--is a protagonist unique to our times. In *The First Rule of Ten*, the first installment in a three-book detective series, we meet this spiritual warrior who is singularly equipped, if not occasionally ill-equipped, as he takes on his first case as a private investigator in Los Angeles. Growing up in a Tibetan Monastery, Ten dreamed of becoming a modern-day Sherlock Holmes. So when he was sent to Los Angeles to teach meditation, he joined the LAPD instead. But as the Buddha says, change is inevitable; and ten years later, everything is about to change--big-time--for Ten. One resignation from the police force, two bullet-wounds, three suspicious deaths, and a beautiful woman later, he quickly learns that whenever he breaks his first rule, mayhem follows. Set in the modern-day streets and canyons of Los Angeles, *The First Rule of Ten* is at turns humorous, insightful, and riveting--a gripping mystery as well as a reflective, character-driven story with intriguing life-lessons for us all.

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### Reviews

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-- **Hank Powlowski**