



The Practitioner's Guide to Mirroring Hands: A client-responsive therapy that facilitates natural problem-solving and mind-body healing (Paperback)

By Richard Hill, Ernest Lawrence Rossi

Crown House Publishing, United Kingdom, 2018. Paperback. Condition: New. B106 ed.. Language: English . Brand New Book. Describes in detail how Mirroring Hands is conducted, and explores the framework of knowledge and understanding that surrounds and supports its therapeutic process. Richard Hill and Ernest L. Rossi's The Practitioner's Guide to Mirroring Hands: A Client-Responsive Therapy that Facilitates Natural Problem-Solving and Mind-Body Healing describes in detail how Mirroring Hands is conducted, and explores the framework of knowledge and understanding that surrounds and supports its therapeutic process. Foreword by Jeffrey K. Zeig, Ph.D. Mirroring Hands is a practical therapeutic technique that can be utilized by all practitioners for the benefit of their clients. With a tranquil state of focused attention as the starting point, the practitioner invites the client to explore an issue by projecting it into their hands; with one hand representing the difficulty or disturbance, the other becomes the natural container for the opposite reflections - resolution, ease and comfort. This enables the client to engage with their deeper therapeutic self - thereby facilitating the shift into a therapeutic consciousness - and connect to the natural flow, cycles and self-organizing emergence that shift the client toward beneficial change....



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