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By Sunflower Education

Sunflower Education, United States, 2011. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Finally, authentic historical recipes designed for classroom use! Turn children s love of food into a love of American history. This unique cookbook provides authentic recipes in historical contexts, adding flavor to learning. Combine cooking and eating with new information and you have the perfect recipe for retention. A lesson about the Civil War is a lot more memorable if you do it while nibbling on some authentic hardtack! Recipes are historically accurate. There is a nice mix of snack foods, entrees, and even historically accurate desserts. Want to know what George Washington s favorite breakfast was? Or what wealthy Spanish colonists ate for a treat? The answers and actual recipes are right here! Grades PreK-6. 50 complete, kid-friendly recipes. Thorough instructions on food preparation, cooking, and kitchen safety. Vegetarian dishes simplify preparation. Historical contexts and classroom connections. Companion book to Cooking Up Some World History. Cooking Up Some American History includes a rich assortment of recipes in the following categories: Native American Foods Spanish Colonial Fare English Colonial Dishes Foods of the Revolutionary War Dining in...



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