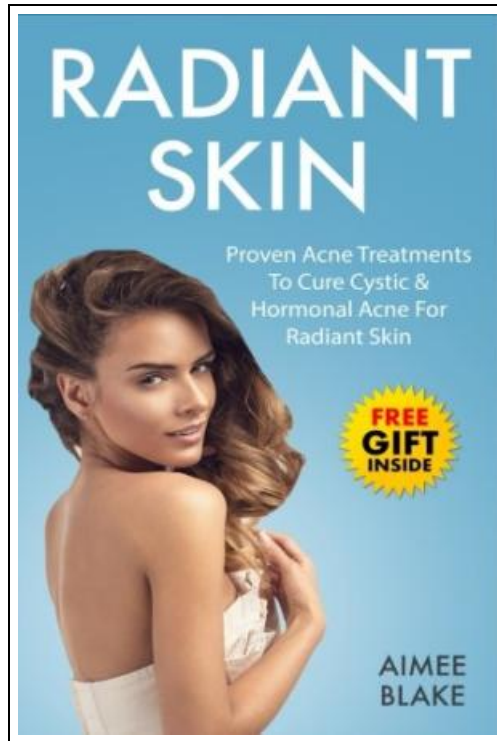


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Say Goodbye To Acne Hello To Radiant Skin The Ultimate Acne Treatment Book For Getting Rid Of Hormonal Cystic Acne - Free Bonus Gift Included. Acne is a problem I've battled with for many years, so I know first hand the pain and embarrassment it causes. Zits, pimples or whatever you want to call it is a sign of your body crying out for help. I've been to countless doctors, dermatologist and skin specialists to address my acne problem. only to be prescribed oral medication and harsh topical creams that left my face looking red and scaly. As the years went by, I began to look older years beyond my age and my skin worsened to dry red painful skin. After months of crying and feeling sorry for myself - I began to feel angry. I had enough. It was time to kick acne in the butt! The Radiant Skin acne treatment book contains proven strategies and step by step instructions on how to prevent and overcome adult acne - especially if you're experiencing cystic acne and hormonal acne. The book covers the five main aspects of preventing and treating acne: 1. the causes of acne 2. internal health contributing to acne 3. external skin care aggravating acne 4. digestive health and mind-body techniques that leave your skin looking flawless. FREE BONUS: You will get my own FREE Step By Step Daily Action Plan that combines my own personal recommendation and routines that helped cure my acne. Here's what you'll learn inside this book: Chapter 1: Causes Of Acne \* Inflammation \* Hormones \* Gut Health \* Adult Acne \* Medications \* Cosmetics \* Other Causes...

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