



Getting Started with Neurofeedback

By John N. Demos

W. W. Norton & Company. Hardcover. Book Condition: New. Hardcover. 282 pages. What is neurofeedback Neurofeedback is founded upon computer technology joined with auxiliary equipment that can measure the metabolic activity of the cerebral cortex. Neurofeedback training combines the principles of complementary medicine with the power of electronics. It is a comprehensive system that promotes growth change at the cellular level of the brain and empowers the client to use his or her mind as a tool for personal healing. Until now, there has not been a single comprehensive yet easy-to-understand guide for clinicians interested in adding neurotherapy to their practice. Getting Started with Neurofeedback is a step-by-step guide for professional health care providers who wish to begin with neurotherapy, as well as experienced clinicians who are looking for a concise treatment guide. This book answers essential questions such as: How does neurotherapy work, What is the rationale for treatment When is neurotherapy the treatment of choice Why should I add it to my already existing healthcare practice The author also answers questions important to establishing a successful practice such as: What kind of training should clinicians get What kind of equipment should clinicians buy How can clinicians add neurofeedback...



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Reviews

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