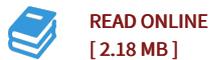


Playing to Lose: Actually, You Will Only Win and Learn (Hardback)

By Kathryn Sunantha

Balboa Press, United States, 2016. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. An open heart has the quality of fearlessness, like a child who dares to play and wonder and has the audacity to question the existing and great courage to make mistakes. We have been taught to prove ourselves, please others and win all the time, but when we actually learn to relax more and not become overly bothered by the need to win or be right, we do not lose anything but create bigger space for greater fun, sharing and a lot of new learning opportunities in life. My spiritual teachers once said -Whatever you offer to others belongs to you. Whatever, you cling on for yourself belongs to others. That which you offer turns to gold. That which you hold back turns to coal- I invite you to play and play full out. Simple reflections on education, spirituality, and health.



Reviews

This is the finest book i have got study till now. It usually does not price a lot of. I found out this publication from my i and dad encouraged this book to understand.

-- Jamil Collins

Absolutely among the best book I have possibly go through. I have go through and that i am certain that i am going to gonna read through once again again in the future. I am just delighted to tell you that this is basically the finest book i have got go through within my personal existence and could be he finest book for ever.

-- Brian Bauch