



## Depression - A Nurse s Experience: Shadows of Life (Paperback)

By Veronica Burton, Moira Stewart

Taylor Francis Ltd, United Kingdom, 2010. Paperback. Condition: New. Language: English . Brand New Book. Veronica Burton s first experience of depression came as a teenager. Following a ten year remission, during which she gained her general nursing qualification and completed her Special and Intensive Nursing of the Newborn course, work-related events precipitated a depressive relapse that has lasted to the present day. Since her retirement on medical grounds, she has campaigned against prejudice by nurses toward other nurses - including mental health nurses - who need psychological support of any kind. This book recounts the author s experiences of major depression, hospital admissions and treatments including medication, ECT and talking treatments . It discusses the care given by medical and nursing staff and social and medical prejudices against those with psychiatric illnesses from a medical practitioner s perspective. Like stumbling on a secret room in a familiar building. In illuminating these previously inaccessible corners of her illness experience, she forces me to challenge my own taken-for-granted version of her history. Familiar territory seen from another perspective suddenly seems perturbing. As psychiatrists, too often we are drawn into seeing people through a lens of illness, as if this was their...



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