

Fundamentals of Athletic Training

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Reviews

Absolutely one of the best ebook We have possibly go through. I was able to comprehended every thing using this published e book. Its been developed in an extremely straightforward way and it is merely soon after i finished reading through this ebook where basically transformed me, change the way i really believe. (Ms. Zaria Kertzmann MD)

FUNDAMENTALS OF ATHLETIC TRAINING



Human Kinetics Publishers, United States, 2011. Paperback. Book Condition: New. 3rd. 282 x 221 mm. Language: English . Brand New Book. Fundamentals of Athletic Training, Third Edition, explains foundational concepts in athletic training and presents injuries and illnesses commonly encountered by certified athletic trainers. Written specifically for high school students, this text develops the knowledge and skills of students assisting athletic trainers on the field and in the training room as well as those considering future careers as sports medicine professionals. In an engaging full-color layout, the updated third edition presents the latest developments in athletic training with regard to treatment, care, administration, and certification. These new and updated topics are covered: -How to deal with more than one injury simultaneously -How to work with athletes with differing cultural backgrounds -Treatment and care of athletes with specific conditions or disabilities -Facility design and modality safety -Equipment ordering and maintenance -The role of the athletic trainer in school emergencies Fundamentals of Athletic Training, Third Edition, covers all of the introductory concepts that future athletic trainers need to know--at a level that high school students can understand. The text begins with an overview of the athletic training profession and presents human anatomy and the physiology of injury and tissue healing. A quick reference list highlights where to find related anatomical drawings. It then presents comprehensive head-to-toe coverage of common injuries and includes an explanation of each injury with appropriate treatment protocols. The text also discusses various conditions, illnesses, and communicable diseases along with information on nutrition and the effects of therapeutic, recreational, and performance-enhancing drug use. Students will learn the fundamentals of rehabilitation and injury prevention techniques through the use of taping, wrapping, and protective equipment. The third edition in

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