



Reclaim Your Energy and Feel Normal Again! Fixing the Root Cause of Your Fatigue with Natural Treatments

By Nd Dr Carri Drzyzga DC

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand ******. Are you sick and tired of. being sick and tired? Fatigue is one of the most common complaints in doctors offices, yet it s also one of the most poorly managed and misunderstood illnesses.until now! With Reclaim Your Energy s proven, biological science gleaned from Functional Medicine-an emerging, leading-edge field of natural healthcare-you can end doctor visits that merely treat your symptoms, and finally find the underlying, root cause of your fatigue, so you can fix the cause and finally feel normal again! The Functional Medicine approach is not Band-Aid, pop-a-pill medicine. Instead it provides a sensible, lasting solution to fatigue. Yes, you can truly reclaim your physical and mental energy, feel normal again, get your health back, and enjoy life to the fullest! As Dr. Carri likes to say: FIND THE CAUSE. FIX THE CAUSE. FEEL NORMAL AGAIN! With fatigue, the standard medical approach consists of testing for 1.) anemia and 2.) low thyroid. If you don t have either one of these (and you re otherwise healthy), your family doctor really cannot help you beyond offering...



Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- Audra Klocko PhD

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Germaine Welch