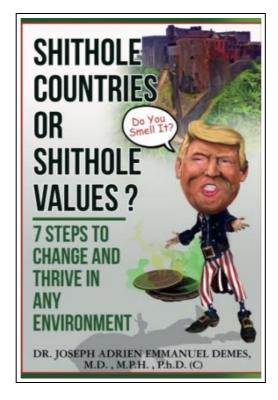
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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand ******. Your birthplace, nationality, or external circumstances should not prevent you from being the best version of yourself. Whatever the storm in your life, you could get through it, change, thrive, and succeed. There are no shithole countries. There are only shithole values, mindsets, strategies, and broken systems that lead to failure and disaster. This method is simple, direct, and genuine. It is centered on the notion of change, system improvement, and values. When the news reported that President Donald Trump qualified Haiti, African Countries, and Salvador as shithole countries, it sparked Dr. Demes to write this book, Shithole Countries or Shithole Values? 7 Steps to Change and Thrive in Any Environment, and share his systematic approach to change. When he was a little boy, Dr. Demes lived in extreme poverty, in one of the most impoverished Haitian villages. His dream was to rise above his circumstances, help others out of the poverty trap, and teach them how to thrive in the middle of chaos and deprivation. Today, he is a medical doctor and has a master s degree in Public Health from the Prince Leopold Institute of Tropical Medicine in Antwerp, Belgium. He is currently a Ph.D. candidate at the School of Public Health at the University of Montreal. Dr. Demes has worked as a medical doctor, consultant, public health specialist, professor, and researcher. His work has taken him to Africa and Haiti. Dr. Demes found a way to rise above the storms in his life and wants to help you do the same. His life is a living testimony of the power of love, faith, hope, and surrender. By implementing his evidence-based strategies, you will not only improve the quality...



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