



My 10-Day Green Smoothie Cleanse: : Your Quick-Start Guide to Losing 15lbs in 10 Days (Paperback)

By Jessica Smith

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. NOTE: THIS BOOK IS A COLLECTION OF THE 10-DAY GREEN SMOOTHIE CLEANSE PROGRAM AND 100+ OF THE RECOMMENDED FOOD RANGING FROM SALAD, CLEAN, AND HEALTHY PROTEIN, UNSALTED NUTS AND SEEDS AND MUCH MORE THAT WILL HELP YOU DURING THE CLEANSING. Do you want to lose 10-15 pounds in just 10 days? Have you tried all the weight lose strategies but none could yield a better result? Do you really want to get rid of that stubborn body fat, including belly fat? Are you wishing to go FROM FLAB TO FAB-FAST without grueling workouts? Do you want to crave naturally for healthy foods so you never have to diet again? Do you want to look healthier, slimmer, and sexier than you have in years? If yes! Then get yourself ready and prepared to begin the 10-Day Green Smoothie Cleanse! The 10-Day Green Smoothie Cleanse will help you lose weight, increase energy, reduce cravings, and improve overall health. it will detoxify your body through elimination of certain foods for ten days and reprogram your taste buds to desire healthy,...



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