



## The Psychobiology of Gene Expression: Neuroscience and Neurogenesis in Hypnosis and the Healing Arts

By Ernest Lawrence Rossi

WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, The Psychobiology of Gene Expression: Neuroscience and Neurogenesis in Hypnosis and the Healing Arts, Ernest Lawrence Rossi, The new neuroscience discoveries about enriching life experiences, neurogenesis, and gene expression are poised to profoundly expand our understanding of psychotherapy and the holistic healing arts. We are just beginning to learn how the brain, the body, and our genes interact in ordinary everyday life to create our lives. Here, acclaimed author and pioneer of new approaches to mindbody communication Ernest Rossi introduces the new science of psychosocial genomics and explores how it will profoundly change our understanding of the pathways of communication among mind, body, and spirit. Integrating modern molecular medicine with traditional holistic healing art and spiritual rites, Rossi documents dramatically new approaches to optimize creativity in psychotherapy and therapeutic hypnosis with both individuals and groups. Part I reviews significant leading-edge neuroscience research on the psychobiology of gene expression and neurogenesis that leads to a new vision of the role of consciousness and creativity in the humanities and the healing arts. Part II explores how to creatively facilitate the psychodynamics of gene expression, neurogenesis, and healing in therapeutic hypnosis, psychotherapy, and...



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