

# Prevention of Behavioural and Emotional Problems in Adolescents

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## Reviews

This published publication is fantastic. it had been writtern very perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding. *(Junius Herman)* 

## PREVENTION OF BEHAVIOURAL AND EMOTIONAL PROBLEMS IN ADOLESCENTS



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Book Condition: New. Publisher/Verlag: VDM Verlag Dr. Müller | The Role of Self-directed Parenting Programs | This book describes the nature and significance of behavioural and emotional problems in adolescents, the role of early intervention and self-directed parenting programs in the prevention of the development of problems. In particular, this book sought to: a) determine the impact of a self-directed behavioural family intervention program on parents' perceptions of their adolescent's behaviour; b) assess the efficacy and consumer acceptance of a self-directed parenting intervention; and c) identify clinical implications arising from this research to assist practitioners in the appropriate use of self-directed behavioural family intervention programs. Teen Triple P is a behavioural family intervention for parents of adolescents. This research investigated whether a self-directed program, Self-directed Teen Triple P, which consists of a parent workbook and video is sufficient to reduce risk factors known to be associated with the development of serious emotional and behavioural problems in adolescents and enhance protective factors. | Format: Paperback | Language/Sprache: english | 165 gr | 112 pp.

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