



## Functional Family Therapy for Adolescent Behavior Problems (Hardback)

By James F. Alexander, Holly Barrett Waldron, Michael S. Robbins

American Psychological Association, United States, 2013. Hardback. Book Condition: New. 256 x 184 mm. Language: English . Brand New Book. Adolescents with disruptive behaviour problems represent one of the most difficult and recalcitrant treatment populations. These youth and their parents often enter treatment unwilling or unable to try new behaviours. Family interactions are laced with blame, hostility, hopelessness, and rejection, all of which create a context that interferes with adaptive change. This book explains how to provide Functional Family Therapy (FFT), an empirically supported, highly successful family intervention for delinquent and substance-using adolescents. FFT systematically alters important risk and protective factors associated with the problem behaviours. The FFT therapist first increases family members motivation to change by disrupting their dysfunctional attributions about themselves and each other and replacing them with more positive and adaptive perceptions. The therapist then works with the family to eliminate the problem behaviours and generalise new skills and interaction patterns to broader community relations. Robust yet flexible, the FFT model has been replicated successfully in juvenile justice, mental health, and child welfare settings, as well as traditional substance treatment and school-based programs. Given FFT s high success rate and ability to fit an array of settings,...



**READ ONLINE**  
[ 7.72 MB ]

### Reviews

*These kinds of publication is the greatest pdf available. Better then never, though i am quite late in start reading this one. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- Lorena Streich

*It becomes an awesome pdf that I have actually read through. It really is full of knowledge and wisdom You may like how the writer compose this book.*

-- Amanda Gleichner

## See Also



### [Oxford Primary Illustrated Science Dictionary](#)

Oxford University Press, United Kingdom, 2013. Paperback. Book Condition: New. 238 x 184 mm. Language: English . Brand New Book. The Oxford Primary Illustrated Science Dictionary supports the curriculum and gives comprehensive coverage of the key science terms children use in the...



### [Depression: Cognitive Behaviour Therapy with Children and Young People](#)

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



### [Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Gran s New Blue Shoes \(Hardback\)](#)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It is based on Oxford Reading Tree which...



### [Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral](#)

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Black White Illustration Version! BONUS - Includes FREE Dog Fart Audio Book for Kids Inside! For a very time limited...



### [Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home](#)

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000, Homeschool Your Child for Free gave countless...



### [I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book](#)

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy reading identities, that foster an attraction to...