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Sky and Earth Touched Me: Sharing Nature(R) Wellness Exercises

By Joseph Cornell

Crystal Clarity, U.S., United States, 2014. Paperback. Book Condition: New. 214 x 138 mm. Language: English . Brand New Book. Crystal Clarity Publishers is thrilled to announce the release of a new classic by the world-renowned and highly regarded nature educator and author, Joseph Bharat Cornell. Cornell's classic bestseller, *Sharing Nature with Children*, sparked a worldwide revolution, connecting hundreds of thousands of educators and children with the renewing powers of Nature. Now *The Sky and Earth Touched Me* will work similar wonders with adult nature lovers. Grand Prize Winner for Non-Fiction, Next Generation Indie Book Awards Winner Science/Nature/Environment category, Indie Book Awards Gold Medal Winner for Best Environment/Ecology/Nature Book, IPPY Book Awards This book takes the *Sharing Nature* exercises to a much higher level. It encapsulates a Healing in Nature program that can be used by individuals and professionals such as educators, naturalists, health practitioners, and religious leaders. There is a tremendous power in these exercises. Those who practice them enthuse: I felt euphoria, and that I was one with everything. It made me feel like I was actually a part of the sand and ocean. I was moving with the waves. I found myself expanding farther and farther into...



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