



## When the Music Changes: What Adversity Taught Me about the Healing Power of Family and Faith (Paperback)

By Elfreda Winstead Massie Phd

Platform Press, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In this page-turner of a memoir, Dr. Elfreda W. Massie seeks to answer this question: Why do some people experience extraordinary hardship yet manage to stay positive and flourish while others who ve enjoyed good health, stable families, and relative privilege stumble over the slightest bump in the road? The question has intrigued Dr. Massie as someone who has experienced a generous helping of hardship-racial prejudice and major health issues-in her roles as a public educator, community leader, spouse, and mother. She asks, What role do we as parents, educators, and community leaders play in helping or hindering the ability of others to meet and rise above life s obstacles? Where do winning life skills come from and how can we nurture them? This book is her very personal answer, described and discussed as a professional: What sustains me-what has allowed me to honestly say I have led a rich, rewarding, and joyful life in spite of it all-is the power I draw from my self-identity. Self-identity begins with family mythology-the stories of obstacles overcome, role models in her family who showed her...



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### Reviews

*This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- Ally Reichel

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

-- Prof. Kirk Cruickshank DDS