



The Bald Truth: The First Complete Guide to Preventing and Treating Hair Loss (Paperback)

By Spencer David Kobren

SIMON SCHUSTER, United States, 2000. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.With the introduction of Propecia the drug approved by the FDA for the treatment of male pattern baldness, and Rogaine 5 , regrowth of regular or terminal hair -- not peach fuzz -- is finally a reality. Yet thousands of products in the \$7 billion hair-loss treatment and restoration industry claim their effectiveness too. Now in The Bald Truth, consumer advocate Spencer David Kobren offers the antidote to decades of hair-raising hype. In this comprehensive, authoritative book, Kobren examines the largely unregulated baldness treatment industry and tells how, after years of research, he successfully treated his own hair loss -- and how you can too. IN THE BALD TRUTH YOU LL LEARN ABOUT: * the latest in hair restoration -- including a thorough review of the breakthrough drugs Propecia and Rogaine 5 , and how they work * how to keep from getting scalped by botched surgical procedures * how nutrition can supercharge treatment -- the diet that helps hair grow * the power of herbal treatments * hair systems -- what they are and where to find the good ones Exploring...



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