

The Dreambook Productivity Planner 2016

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Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me). (Pasquale Larkin I)

THE DREAMBOOK PRODUCTIVITY PLANNER 2016



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Stoke Publishing, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Watch the video I created to show you INSIDE the DREAMBOOK Productivity Planner! ** // VAmDo** This is your year. The year you are going to make things happen. How? By following the structure of this planner, designed by life coach, bestselling author, speaker and Ironman triathlete. Using strategies such as Habit Stacking, Morning Minutes, Magic 6, Easy Wins, Day of Alignment, and the Practice of Gratitude this DREAMBOOK Productivity Planner is like nothing you have ever seen. The structure is designed to assist you and support you as you create your best year yet! 250 pages. Black and White. The DREAMBOOK Productivity Planner 2016 Contains Free Access to The DREAMBOOK Resource Page on my website, including my popular HAPPY NEW YOU 7 Day E-Course Annual Planning Calendar for 2016 Quarterly Planning Calendars (Jan, Feb, Mar) (April, May, June) (July, Aug, Sept) (Oct, Nov, Dec) Daily Planning pages feature: - Scheduling for Monday - Sunday, 5am - 10 pm - Habit Stacking Check Lists that you customize based on your personal goals - Morning Minutes for setting the day s intention - Easy Wins for getting things done and creating energy and momentum based on a feeling of accomplishment - Magic 6 for focusing on your daily priorities and managing your time more effectively - Space for your personal Gratitude Practice - Sunday, also known as the Day of Alignment, has tools for reviewing the prior week and setting purpose for the week ahead allowing you to reflect on what worked well and what needs tweaking. The DOA allows you to bring forward items that still need to be addressed in the weeks that follow. A blank...

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