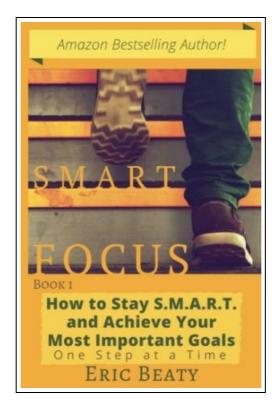
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SMART FOCUS: HOW TO STAY S.M.A.R.T. AND ACHIEVE YOUR MOST IMPORTANT GOALS ONE STEP AT A TIME (PAPERBACK)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. Newly Reformatted for Easier Readability! Learn how to achieve your goals the S.M.A.R.T. way! When it comes to achieving your goals, do you find yourself. always struggling to achieve goals year after year? constantly stressed out because your New Year's Resolutions are never successful over the long term? dissatisfied with the results you we been getting-or haven t been getting-from your goals? The SMART FOCUS System is here to help! The Struggle for Achieving Success Millions struggle with realizing their goals every day. Perhaps you we also tried conquering your goals again and again, only to keep getting the same disappointing results. What you need is a proven system and a plan with a track record of success in achieving goals, so that you can be assured of success in your own circumstances. Such a system will give you the confidence and motivation you need to get back up, dust yourself off, and try again. In Book 1 of his SMART FOCUS System, Eric Beaty introduces you to a concept he calls SMART Goals. With the use of this simple step-by-step tool, you can finally overcome failure and embrace success, whether in your personal or professional life. This step-by-step system is based off a popular acronym used by many business professionals. For the purposes of this book, SMART stands for Specific, Measurable, Actionable, Realistic, and Time-Bound. Using each step of this simple system, Eric shows you how to take your most important life goals and break them down step-by-step into more narrowly focused goals, instead of the broad goals people tend to create for themselves. Such laser-focused methods can mean the difference between success and failure. How The SMART FOCUS System...



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