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Vibrational Healing (Paperback)

By Deborah Eidson

North Atlantic Books, U.S., United States, 2000. Paperback. Condition: New. Language: English . Brand New Book. In a therapeutic blend bringing together Chinese Medicine, reflexology, and craniosacral therapy, massage therapist Deborah Eidson shows how essential oils and Bach Flower Remedies can be used to identify and free up emotional blockages which may be causing health problems. Eidson explains that all chakras have a location associated with organs, as well as a sound, color, and element. Giving a good massage can involve stimulating meridians and meridian points, finding the location of blocked energy, and then working with oils to affect change. Eidson writes in an unabashedly spiritual context, using her intuitive energetic abilities to help clients open to their own development and spiritual path. In a thorough listing of essential oils, Eidson describes each in terms of its use in life transformations, relevant growth and healing issues, the oil's energetic influences on blockages and distortions, relevant organs, and the botanical origin of the plant. Her trust in plants to reveal the nature and problems of a person amounts to a fascinating statement on the nature of the relationship between plants and people, as well as an important healing text.



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