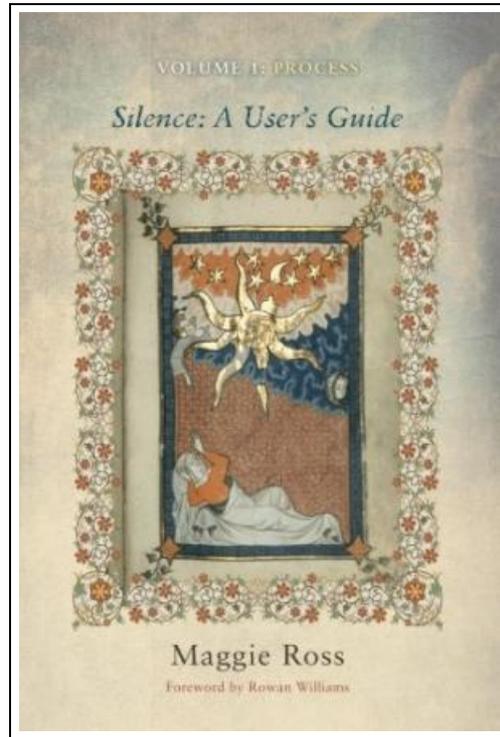


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Reviews

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me).
(Dr. Everett Dicki DDS)

SILENCE: A USER S GUIDE, VOLUME 1: PROCESS



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CASCADE BOOKS, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Silence is essential for the health and well-being of humans and the environment in which they live. Yet silence has almost vanished from our lives and our world. Of all the books that claim to be about silence, this is the only one that addresses silence directly. Silence: A User s Guide is just what the title says: it is a guide to silence, which is both a vast interior spaciousness, and the condition of our being in the natural world. This book exposes the processes by which silence can transfigure our lives--what Maggie Ross calls the work of silence ; it describes how lives steeped in silence can transfigure other lives unawares. It shows how the work of silence was once understood to be the foundation of the teaching of Jesus, and how this teaching was once an intrinsic part of Western Christianity; it describes some of the methods by which the institution suppressed the work of silence, and why religious institutions are afraid of silence. Above all, this book shows that the work of silence gives us a way of being in the world that is more than we can ask for or imagine. Today we are bombarded by so much noise--the blare of loudspeakers in our shopping malls, the roar of motorbikes, the screeching of cars on our highways, the banging of doors, a veritable cacophony of noise, all a mad turbulent rush. But sometimes we have the joy of silence--when we have been quiet and discovered how it all helped us to be creative, to think deeply. Two people in love often discover they have communicated wordlessly and deeply as they sat quietly...



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