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DAUPHIN BLANC, 2018. Paperback. Condition: NEUF. " N'espérez pas conserver votre santé sans effort dans ce monde. Tout ce qui a quelque valeur se paie. La santé est le prix d'un continuel combat." Henri Churchill King. Puisque nous sommes responsables de notre santé et de notre bien-être, nous devons impérativement apprendre à les gérer correctement et globalement dans l'harmonie. Ce guide pratique orienté vers la prévention et les approches thérapeutiques naturelles vise à nous aider à améliorer notre santé et...

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