



## Inclusion in Physical Education: Fitness, Motor, and Social Skills for Students of All Abilities

By Pattie Rouse

Human Kinetics Publishers. Paperback. Book Condition: new. BRAND NEW, Inclusion in Physical Education: Fitness, Motor, and Social Skills for Students of All Abilities, Pattie Rouse, "Inclusion in Physical Education" is an easy to implement, hands-on guidebook of practical strategies for including students with disabilities in general physical education classes. The book focuses on skill development, social development and fitness for students with all manner of disabilities. The suggested adaptations in this book correlate with many objectives found in national standards for physical education and can be implemented by any educator. It has a wealth of teaching strategies and activities for student involvement that have been successfully field-tested by the author. The book gives the reader a clear understanding of how to set realistic goals for students with disabilities, because just like their able-bodied peers, children with disabilities benefit from learning and improving skills. In order for inclusion to be successful, educators need to consider the type and severity of the disability, the activities provided, the equipment modifications and the need for extra staff or peer support. The book is divided into chapters relating to specific disabilities. The author believes that every child is a unique learner but there are similar...



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