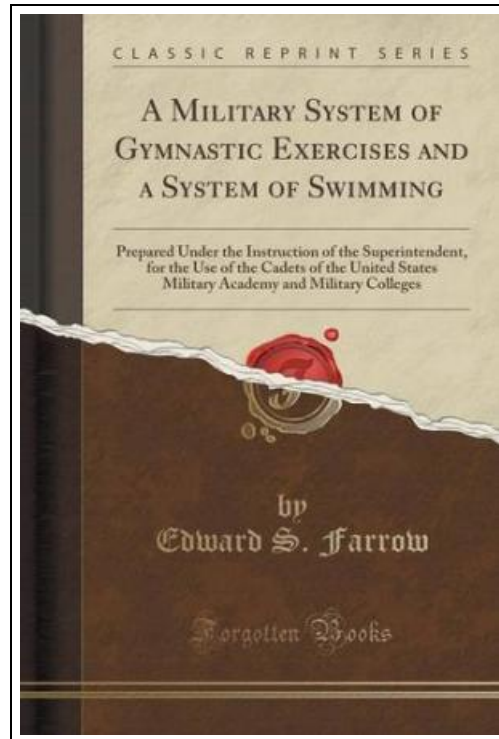


A Military System of Gymnastic Exercises and a System of Swimming: Prepared Under the Instruction of the Superintendent, for the Use of the Cadets of the United States Military Academy and Military Colleges



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