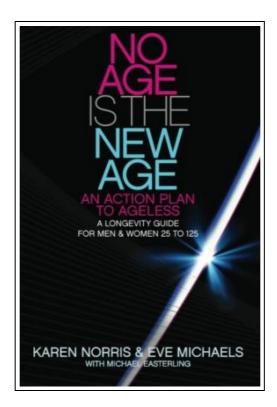
No Age Is the New Age: An Action Plan to Ageless: A Longevity Guide for Men Women 25 to 125



Filesize: 5.46 MB

Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe. (Newton Runolfsson)

NO AGE IS THE NEW AGE: AN ACTION PLAN TO AGELESS: A LONGEVITY GUIDE FOR MEN WOMEN 25 TO 125



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Createspace, United States, 2011. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. START YOUR OWN ACTION PLAN TO AGELESS! No Age Is The New Age is the first book of its kind to address all aspects of rejuvenation for men and women of all ages. It is an impartial and easy-to-understand comprehensive guide into the world of anti-aging science including hormone replenishment to restore energy, skin texture, brain function and libido. It also includes the newest developments in non-surgical and surgical cosmetic procedures, the latest techniques in cosmetic dentistry, the latest technology in skincare products, the new world of vitamins and nutritional supplements, nutri-genomics, anti-aging diets, exercise, brain rejuvenation, stem cell research and much more. Gone are the days of hitting some magic number that heralds the arrival of your slow, steady decline into old age. New anti-aging discoveries make living well beyond what you think is your prime more possible than ever before.all while looking and feeling great! Anyone who wants to live a long, nutritionally and hormonally balanced life while looking and feeling fabulous must be prepared to participate in their own anti-aging journey. This book is your partner and will help you navigate your way through the journey. Whatever your age, this book provides you with great advice from world renowned physicians along with many other medical professionals and step-by-step Action Plans to improve your life, your energy, your health and your looks! IN THIS BOOK YOU LL FIND: Specific ACTION PLANS for people in their 20s, 30s, 40s, 50s, 60s, 70s beyond Interviews with world-renowned hormone specialists, plastic surgeons and anti-aging physicians Advice and knowledge from top practitioners specializing in cosmetic dentistry, non-surgical cosmetic rejuvenation and skincare The new world of vitamins, nutritional supplements, spices and...

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