



Goals Journal: A Goal Without a Plan Is Just a Wish (Paperback)

By Alun Hill

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Without goals, and plans to reach them, you are like a ship that has set sail with no destination. Fitzhugh Dodson That quote says it all. From athletes to business professionals, everyone seems to be talking about goal setting, and with good reason. Having goals means you have a long-term vision. A vision you can reach through hard work and determination. Goals fuel your desire to reach your dreams. They give you the inspiration necessary to aim for the stars. Goals help you take control of your life. They help you focus on what s most important. Goals can help you get better organized and work more efficiently. Goals help you be more self-confident and enthusiastic about what you re doing. Everyone needs to have goals they are working towards each day. If your daily actions are not working towards your goals then it s time to make some changes. If you re not getting what you want from life, chances are you are lacking in goals or are not actively working towards them every day. Goals are not one size...



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Reviews

Very beneficial to all of class of people. I am quite late in start reading this one, but better then never. You may like just how the writer create this publication.

-- Audra Klocko PhD

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Germaine Welch