

# Zen Gardens Anti Stress Colouring Book (Colouring Books)

Filesize: 9.69 MB

# Reviews

*Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.* (*Melany Goyette*)

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# ZEN GARDENS ANTI STRESS COLOURING BOOK (COLOURING BOOKS)



White Star Publishers, 2016. Condition: New. A beautiful colouring book, inspired by the traditional elements of a Japanese Zen garden. Using her ten years of experience Sara Muzio has created detailed drawings which feature the elements that can be found in a traditional Zen garden. Readers will be able to colour in gravel, sand, stones, bonsais, plants and ponds, as well as other extraordinary visual elements, to obtain a sense of calm and inner peace amidst the stress of every day life. Series: COLOURING BOOKS. Num Pages: 96 pages, B/W ILLUSTRATIONS. BIC Classification: AF. Dimension: 272 x 371 x 16. Weight in Grams: 1164. . 2016. Paperback. . . . .

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