



A Soft Voice in a Noisy World

By Karl Robb

RobbWorks. Paperback. Book Condition: New. Gus Yoo (illustrator). Paperback. 326 pages. Dimensions: 8.5in. x 5.5in. x 0.8in. Whether you are newly diagnosed or have had Parkinsons disease for many years, or you are younger or older, the lessons that Karl Robb offers in this book will apply to your situation. A culmination of over twenty years of personal experience, in A Soft Voice in a Noisy World Karl Robb provides an assortment of tips and suggestions that have made a difference in his life and benefited him in his personal struggle with PD. This guide shows how one man successfully navigated the medical gauntlet with the support of his wife and care partner, and found his answers, often in the unlikeliest of places. Drawn from the pages of the popular Parkinsons blog, ASoftVoice.com, this once-skeptic turned Reiki master describes the importance of complementary therapies to Parkinsonians through his personal mind, body, and spirit journey, detailing the role these have played in the course of his personal healing. In this book you will learn how through maintaining a positive attitude and utilizing Reiki and other complementary therapies, Karl has kept his Parkinsons in check, slowed the diseases progression, and amazingly seen...

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