



Sagacity: What I Learned from My Elderly Psychotherapy Clients (Paperback)

By Max E Fuhrmann

iUniverse, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Eight different stories from the elderly capture the heart and mind as Max Fuhrmann, Ph.D. clinical psychologist, steps from behind the professional mask to impart what he has learned from his elderly psychotherapy clients. Despite his extensive training and experience in this field, he is not prepared for how these individuals change and grow before his eyes. You will be moved and made to realize that seniors have a great deal of wisdom and coping skills. After reading this book, you may not be so quick as to feel the need to make decisions for an elderly parent or grandparent. Rather, you may want to ask their advice for you. If you are a senior, you will be made to reconsider your tendency to expect less of yourself, now that you are a sagacious elder.

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