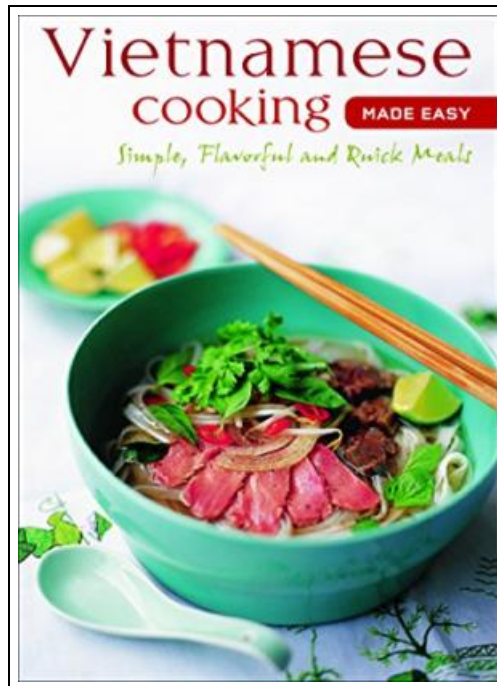


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Reviews

It is really an incredible publication which i actually have possibly read through. It really is written in easy phrases and not confusing. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Jodie Wehner)

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PERIPLUS EDITIONS, United States, 2005. Spiral bound. Condition: New. Language: English . Brand New Book. Perfect for beginning cooks this beautifully illustrated Vietnamese cookbook provides easy-to-follow directions for quick and delicious Vietnamese dishes. Famous for its lively, fresh flavors and artfully composed meals, Vietnamese cooking is the genuine healthy cuisine of Asia. Abundant fresh herbs and greens, delicate soups and stir-fries, and well-seasoned grilled dishes served with rice or noodles are the mainstays of the Vietnamese table. Even the beloved snacks or desserts are often based on fresh fruits served with sweetened rice or tapioca. Rarely does any dish have added fats. Along with its delicate freshness, Vietnamese cooking is also subtle and sophisticated. It is at its best when Vietnamese cooks strive for a balance between salty, sweet, sour and hot, so no one taste outranks any other. Vietnamese Cooking Made Easy features over 50 recipes, from delicate soups and stir-fries to well-seasoned grilled foods served with rice or noodles packed with fresh herbs and spices. Stunning photography and simple step-by-step instructions make this cookbook the perfect introduction to the world of Vietnamese cuisine. From chapters introducing essential Vietnamese ingredients to sections devoted to appetizers, noodles, seafood and poultry, this handy little book features a spiral binding, making it an easy-to-use addition to your cookbook library. Easy Vietnamese recipes include: Grilled Lemongrass Chicken Satays Glass Noodle Soup Fish in Caramel Sauce Spicy Lemongrass Tamarind Chicken Sesame Beef with Bamboo Shoots Sweet Glutinous Rice with Coconut and Red Beans Modern cooks will find preparing a Vietnamese meal both rewarding and relatively easy. And with the widespread popularity of Asian foods, locating ingredients is not a challenge-most supermarkets now carry such basics as fresh ginger, lemongrass and chilies. Making delicious Vietnamese food at home has never been easier!.



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