

Phoenix in a Bottle



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Reviews

A must buy book if you need to adding benefit. It is actually rally fascinating throgh studying time. Your way of life span will likely be transform as soon as you complete looking over this publication.
(Ms. Bernice Rolfson)

PHOENIX IN A BOTTLE



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 192 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. In 1994 as a result of their alcoholism, Lilian and Murdoch MacDonald were down and out, sleeping rough in the streets and parks of Cambridge, the English university town where, a quarter of a century before, Murdoch had studied for an honours degree. Refusing to accept what they consider to be the outmoded myths and dogma of Alcoholics Anonymous, Lilian and Murdoch set about searching for the underlying causes of their self-harming behaviour problem, which they discovered lay in childhood. Although Lilian and Murdochs upbringing caused their problems, they themselves take full responsibility for their drinking, most importantly because taking responsibility for ones own actions is the starting point on the road to recovery. As a result of their endeavours, the couple are today back home in Ayrshire, Scotland, leading normal lives again, with their problems of alcoholism and Lilians associated eating disorder well and truly behind them. Controversially, they are also now able to drink alcohol responsibly again, if and when they so wish. This book is the inspiring story of their journey. This item ships from La Vergne, TN. Paperback.



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