



Lack and Transcendence: The Problem of Death and Life in Psychotherapy, Existentialism, and Buddhism

By David Loy

Prometheus Books, United States, 2000. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Whatever the differences in their methods and goals, psychotherapy, existentialism, and Buddhism are concerned with the same fundamental issues of life and death and death-in-life. In this unique work, David Loy brings all three traditions together for the first time in a synthesis receptive to the insights of each, thereby casting fresh light on familiar problems. Dr. Loy s work grew out of the cross-fertilization of two basic ideas: the psychotherapeutic concept of repression and the Buddhist doctrine of nonself. Buddhism implies that our primal repression is not fear of death but the quite valid suspicion that I am not real. This shift from libido-instinct to the way we understand our situation opens up new perspectives and possibilities which this book explores. Written in a clear, jargon-free style that does not assume prior familiarity with the topics discussed, this insightful book will appeal to a variety of readers including psychotherapists, psychoanalysts, psychologists, scholars of religion particularly of Buddhism Continental philosophers, and literary and culture critics.



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