



Secrets for a Powerful Life

By Dominick Giacobbe

AuthorHouse. Paperback. Condition: New. 164 pages. Dimensions: 8.8in. x 5.9in. x 0.5in. Secrets For a Powerful Life, the new book by renowned martial artist Dominick Giacobbe, provides a wealth of information designed to bring balance to the readers life. Giacobbe believes that in order to live a powerful, successful life, it is necessary to meditate, maintain physical health and follow other ancient martial arts philosophies. Secrets For a Powerful Life is written from a martial arts standpoint but its principles are applicable to anyone interested in living a harmonious, healthy life. Chapters include Conquering Fear, Diminishing Desires, Overcoming Pain, Setting and Obtaining Goals, Appreciation of Nature and Wisdom. Positive and uplifting, Giacobbes writing combines ancient fables with real-life experiences to convey the Secrets For a Powerful Life. Secrets For a Powerful Life is essential for anyone studying martial arts, but Giacobbe hopes to reach a wider audience. He writes: Secrets For a Powerful Life offers everyone the opportunity to earn their black belt in life. Many of you have coveted the balanced thinking of the martial artist, but for many reasons have not pursued the actual training. Well, for those of you who have never trained or never will train in...

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