



Advanced Tennis Rope Drills: Learn How to Improve Your Spin, Control, Depth, and Power on the Court!

By Joseph Correa

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.These group of drills will teach you how to hit with more spin, control, depth, precision than ever before. This book will teach you how to become more consistent by adding spin to your shots which will give you the confidence to hit with more power. Do you ever ask yourself: How can I hit with more top spin? How can I improve my deep topspin shots cross court? Is there a way for me improve my slice down the down? How can I be more offensive in my doubles matches? These are all answered in this book with pictures and detailed explanations on how to do things 10 times better than you are doing them now! MASTER THE GAME OF TENNIS NOW! Written by a professional tennis player and coach to help you reach your tennis potential no matter what your level of play. Learn basic and advanced patterns with this new training method that will get you hitting better in very little time. Learn to control the balls height, spin, speed, and direction with these drills.



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