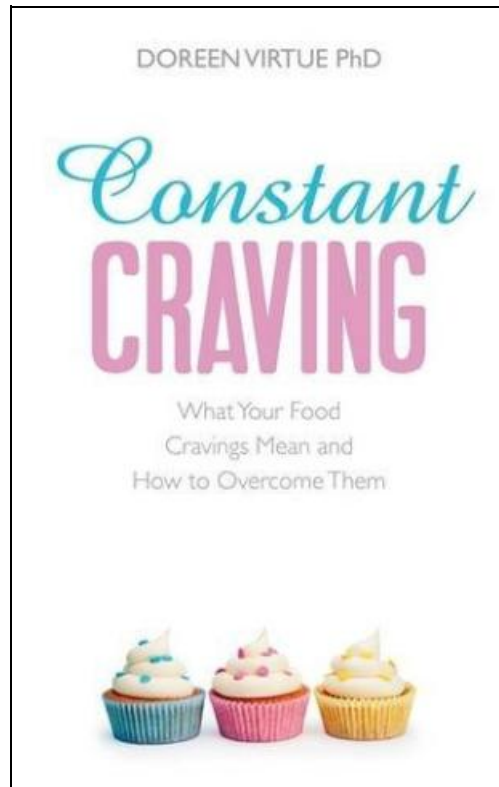


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CONSTANT CRAVING: WHAT YOUR FOOD CRAVINGS MEAN AND HOW TO OVERCOME THEM



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