



## Toward a Healthy Tomorrow: How to: Find a Friend for Me! It's You

By Lowell E. White Jr. MD

Trafford Publishing, Canada, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.As a medical educator, neuroscientist, and surgical neurologist, Dr. Lowell E. White Jr. has learned a great deal from his students-most particularly, their varying responses to mathematics, language, pictures, and the written word. Because these responses vary so widely, in *Toward a Healthy Tomorrow*, Dr. White presents his observations of fiction and fact in prose, poetry, and graphics. The prose introduces the subject matter, the poetry addresses personal responsibility for good health, and the graphics encourage thought on the subject of the poem in a conceptual fashion. Each person must come to grips with the prime social issues. They must be cognizant of the individual's role in his or her own health. Turmoil (The ultimate decision) Progress is: A two-edged sword It guides us Toward and in our life Never waiver in your desire Health in all its aspects. When the system fails Seek a friend: a Health Ombudsman What is a friend? Today it is a Primary Physician and Surgeon A confidant, a Quarterback Primary Friend, Chairman of the committee.



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