



## Martial Arts, The Circle of Life

By Israel Gonzales

AUTHORHOUSE, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Martial Arts, The Circle Of Life takes an in depth look at the students journey in the martial arts and the hurdles they face at each level and correlates it with the human life cycle and the challenges we face during the different stages of life. For example, a new white belt student enters a class with the same open mind, curiosity and trust as a young child, ready to learn and absorb what the teacher has to offer, with no hang ups or insecurities. They believe in what is being taught and are excited about what they are learning. The next level is where curiosity begins to dominate just as preteen will ask several questions and often experiement a little more. Martial Arts, The Circle Of Life is a good tool for both instructors and students and is beneficial for the student that may be starting to feel discouraged about continuing a training program.



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