



Vital Healing: Energy, Mind and Spirit in Traditional Medicines of India, Tibet and the Middle East - Middle Asia

By Marc S. Micozzi, Donald McCown, Mones Abu-Asab, Hakima Amri, Kevin Ergil

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Vital Healing: Energy, Mind and Spirit in Traditional Medicines of India, Tibet and the Middle East - Middle Asia, Marc S. Micozzi, Donald McCown, Mones Abu-Asab, Hakima Amri, Kevin Ergil, The traditional medicines of Middle Asia are rich and varied - from the Ayurveda and Siddha medicines of India, to the Unani and Sufi healing practices of the Middle East. Dr. Marc S. Micozzi unfolds the compelling idea that vital energy, expressed as "prana" in the Indian practice of Ayurveda, is the unifying concept that underpins and connects all of these traditions. Describing the origins, health strategies, diagnostic approaches, and modern-day uses of each tradition, he also draws parallels to, and finds correlations with, mainstream Western concepts - and demonstrates how all these therapies fit within the context of their own cultures and ours. This groundbreaking book will be of interest to practitioners of all Middle Eastern and Asian medical traditions, complementary and alternative health practitioners, and anyone with an interest in Middle Eastern and Asian approaches to health and well-being.



READ ONLINE
[4.68 MB]

Reviews

This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.

-- Lillie Toy

It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- Miss Marge Jerde

Related Kindle Books



History of the Town of Sutton Massachusetts from 1704 to 1876

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This version of the History of the Town of Sutton Massachusetts from 1704 to 1876 is a labor...



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after...



400+ Funny Jokes: Funny Jokes for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.400+ Funny Jokes for Kids!Are you looking for a fun book to keep the kids entertained and happy? This funny...



I Have Asthma

Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, I Have Asthma, Jennifer Moore-Mallinos, As preschool and junior children read these illustrated stories, or have them read to them, they will be encouraged to explore their own feelings about problems that...



100+ Knock Knock Jokes: Funny Knock Knock Jokes for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Hilarious Knock Knock Jokes for Kids!Are you looking for a fun book to keep the kids entertained and happy? This...



1300+ Jokes: Animal Jokes for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.1300+ Funny Animal Jokes for Kids!Are you looking for a fun book to keep the kids entertained and happy? This...