



You Are Enough: A Manifesto for the Overworked and Overwhelmed (Paperback)

By Islin Munisteri

Islin Ventures LLC, 2016. Paperback. Condition: New. Language: English . Brand New Book *****
Print on Demand *****. This is a message all women need to hear and want to hear. So glad that you are willing and courageous enough to put it into words. -Morgan McDonald, Editor, Paper Raven Books Are you a mom who is completely overworked and overwhelmed? Do you feel like you re always behind in work? Are you always late picking up the kids, scrambling from one activity to the next and getting fast food on the run too many times a week? Are you lacking ANY energy to give to your marriage, when the day s done? I ve been there! I m Islin Munisteri. I m a reservoir engineer formerly in a Fortune100 energy company, now working for the man, and my story is a lot like yours--always striving to compete in the workplace and never feeling like there s enough of me to go around at home. But I m calling all this BS, right here, right now. We women have allowed ourselves to get sucked into this world of competition and comparison, and it s draining the very LIFE out of...



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