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ESSENTIAL OILS FOR BEGINNERS: WITH EVERYTHING ON WEIGHT LOSS AND OTHER BENEFITS



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Essential oils and aromatherapy have always been linked. This will be explained in detail in the first few chapters. Aromatherapy in itself can be defined as the art and science of using natural aromatic essence to harmonize and promote good health. It is not only used to treat physical symptoms but also to bring emotional and spiritual peace...

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- Authored by Evelyn Craig
- · Released at 2014



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