



Conflict Resolution Skills for Teens (Paperback)

By David Cowan, Susanna Palomares, Dianne Schilling

Innerchoice Publishing, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This timely and practical book provides a variety of engaging activities, group discussions, reproducible handouts, and Sharing Circles all designed to help teens develop the knowledge, skills and techniques necessary for effective conflict resolution. In addition, students are given meaningful experiences and information to help them improve their own behaviors while giving them the abilities to deal effectively with others. Use these high-impact activities to provide students with guidance and help in: handling confrontations learning the language of conflict de-escalation coping with anger managing moods and dealing with criticism understanding the rules for fighting fair exploring alternatives to conflict developing the power of listening improving social skills effectively solving problems and making decisions learning the factors that trigger conflict controlling behaviors that lead to misunderstandings and conflict.

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