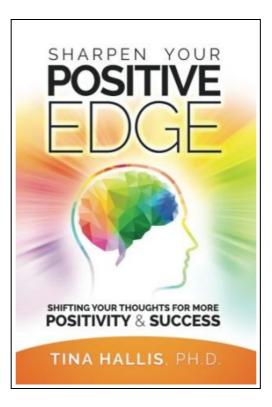
# Sharpen Your Positive Edge: Shifting Your Thoughts for More Positivity and Success (Paperback)



Filesize: 3.84 MB

#### Reviews

*This written publication is wonderful. It is probably the most incredible publication i actually have read through. Its been written in an extremely basic way in fact it is merely following i finished reading this publication where basically transformed me, alter the way i believe.* (Adan Fritsch)

## SHARPEN YOUR POSITIVE EDGE: SHIFTING YOUR THOUGHTS FOR MORE POSITIVITY AND SUCCESS (PAPERBACK)



Positive Edge, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Life can be hard! It might be challenges with your work, health, relationships, finances, and the list goes on. How can you manage the obstacles and appreciate the good things? This book makes it easier to - Enjoy more positive days Bounce back when things get tough Create better relationships at work and at home It s a toolbox stocked with 80 short but powerful strategies to help busy people like you Sharpen Your Positive Edge by shifting your thinking so you can be more motivated, happier, and less stressed. No wonder greater positivity has been found to lead to greater success! Don t go through the book in order. Instead, choose a tip from the table of contents that fits a current challenge or situation in your life. After reading it, reflect on how you can apply it in your life and capture your thoughts and ideas in the space provided after each tip in the paperback version. We re naturally wired to focus on all the negative things in our work and lives. This isn t our fault! It s largely due to our important survival instinct designed to keep us alert for problems and danger. But in today s world there are very few life and death situations compared to prehistoric times, so ???we need a better balance for a higher quality of life. The rapidly expanding field of Positive Psychology is finding ways to help us override our negative bias and also see the good all around us. The problem is many of us don t realize we have this ability, yet the truth is in every moment we have a choice. The strategies and insights in this book...

Read Sharpen Your Positive Edge: Shifting Your Thoughts for More Positivity and Success (Paperback) Online
Download PDF Sharpen Your Positive Edge: Shifting Your Thoughts for More Positivity and Success (Paperback)

#### See Also

Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000,... Read Document

	$\[ \] \]$	
=		
-		

#### The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to...

Read	Document

=
-

#### ESV Study Bible, Large Print (Hardback)

CROSSWAY BOOKS, United States, 2014. Hardback. Book Condition: New. Large Print. 249 x 178 mm. Language: English . Brand New Book. The ESV Study Bible, Large Print edition transforms the content of the award-winning ESV... Read Document

_		
		ヽ
	_	
	_	
-		_

#### ESV Study Bible, Large Print

CROSSWAY BOOKS, United States, 2014. Leather / fine binding. Book Condition: New. Large Print. 257 x 190 mm. Language: English . Brand New Book. The ESV Study Bible, Large Print edition transforms the content of... Read Document

»

»

=

### Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

Read Document