



I Hate You -- Dont Leave Me Understanding the Borderline Personality

By Hal Straus

Brilliance Audio. No binding. Condition: New. 7 pages. Dimensions: 6.5in. x 5.4in. x 0.7in.People with borderline personality disorder (BPD) experience such violent and frightening mood swings that they often fear for their sanity. They can be euphoric one moment, despairing and depressed the next. There are an estimated 18 million sufferers of BPD living in America todayeach displaying remarkably similar symptoms: A shaky sense of identity Sudden outbursts of anger Oversensitivity to real or imagined rejection Brief, turbulent love affairs Intense feelings of emptiness Eating disorders, drug abuse, and other self-destructive tendencies An irrational fear of abandonment and an inability to be alone For years BPD was difficult to describe, diagnose, and treat. But with this classic guide, Dr. Jerold J. Kreisman and health writer Hal Straus offer much-needed professional advice, helping victims and their families understand and cope with this troubling, shockingly widespread affliction. This completely revised and updated edition includes information on the most up-to-date research that has opened doors to the neurobiological, genetic, and developmental roots of the disorder, as well as the connections between BPD and substance abuse, sexual abuse, post-traumatic stress disorder, ADHD, and eating disorders, making it a vital reference for understanding and living...



Reviews

It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- Miss Marge Jerde

It is really an remarkable publication i actually have possibly study. It usually is not going to cost excessive. Its been written in an exceedingly basic way and is particularly only right after i finished reading this publication through which basically transformed me, affect the way i think.

-- Dr. Breana O'Kon

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Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...