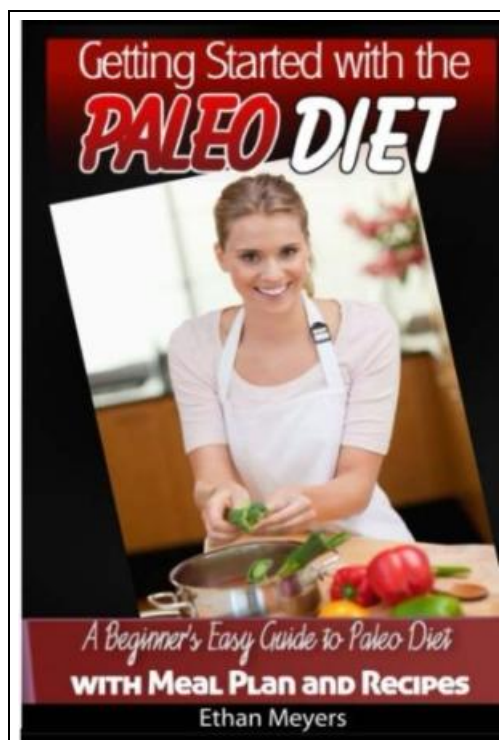# Getting Started with the Paleo Diet: A Beginner's Easy Guide to Paleo Diet with Meal Plan and Recipes

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