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AWAKENING TO THE SPLENDOR OF DAWN: BECKONING OF THE LIGHT UNTO HEALING FROM PTSD



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****. This is an autobiographical collection of poems, prose and music about the author's tortuous path to adulthood as she recovers from severe PTSD. It chronicles her journey from victim to survivor and now, within sight of conqueror. (PTSD - Post Traumatic Stress Disorder - It is what remains and destroys normal life after overwhelming, unresolved trauma finally...

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- Authored by Annamarie Cornelia O Hara
- Released at 2013



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