



## My New Normal (Paperback)

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By Deborah Newhouse

Xulon Press, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. ON THAT DAY in February.that day that changed my living and my life.hell s minions had moved in around me like a black ops team on a critical mission of destruction. The enemy had sat patiently within the strongholds I had helped build, planning this siege and launching his assault to destroy me. Those old taunts from the enemy punctuated my thoughts, old wounds fueled the fight. I was on a downward spiral into my own slough of despond - accelerating fast towards self-destruction.It was a silly thing, really, that thing that made the facade of my unhealed, unyielded life crack and shatter to the ground around my feet. I can see all too clearly now in hindsight how often and how willingly I had worked with my enemy to take me down. I was persuaded by my false self that I was hiding well what I knew I was - fearful and needy.That day so many old hurts and pains were bumped. Angry tears rushed to the surface as suddenly as if they had just happened. I had cooperated with...

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